

Ellen G. White Estate

SELECTED MESSAGES

A close-up photograph of a hand holding a quill pen, poised to write. The quill is held between the thumb and index finger. Below the hand is a dark glass inkwell with a small amount of ink. In the background, a lit candle in a metal holder provides a warm, golden light. The scene is set on a wooden surface, possibly a desk. The overall mood is one of quiet concentration and traditional scholarship.

Study Guide

Selected Messages, Book 3 -- Study Guide

Ellen G. White Estate

2000

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Information about this Book

Overview

This eBook is provided by the [Ellen G. White Estate](#). It is included in the larger free [Online Books](#) collection on the Ellen G. White Estate Web site.

About the Author

Ellen G. White (1827-1915) is considered the most widely translated American author, her works having been published in more than 160 languages. She wrote more than 100,000 pages on a wide variety of spiritual and practical topics. Guided by the Holy Spirit, she exalted Jesus and pointed to the Scriptures as the basis of one's faith.

Further Links

[A Brief Biography of Ellen G. White](#)
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at mail@whiteestate.org. We are thankful for your interest and feedback and wish you God's blessing as you read.

Introduction

Selected Messages, Book 3, follows by 22 years the publication of Selected Messages, Books 1 and 2. These three volumes of general testimony counsels are the first such volumes to be published since Volume 9 of Testimonies for the Church in 1909.

Selected Messages, Book 3, represents a wide variety of counsel on many subjects that will be recognized as useful to meet some current needs in the church. As you study this book, you will surely become aware repeatedly of the practical value of its content for today's church.

Because the sections in Selected Messages, Book 3, vary considerably in length, the lessons in this Study Guide have been divided into portions of fairly even length without regard for sections. Some subjects will no doubt offer more discussion possibilities than others. Classes or groups who study may want to regulate their pace of study to accommodate these differences.

This book offers a rich source of study and discussion on a great variety of topics. May your study be informative as well as inspirational is our prayer.

The Ellen G. White Estate

Washington, D.C.

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Lesson 1, Pages 14-47

[4]

Chapter 1 - What is the Church?

1. The only object on earth on which Christ bestows His supreme regard is the _____. (3SM 14.1)
2. Give two important reasons for having a church. (3SM 15.1)
3. How should mature church members relate to the inexperienced? (3SM 16.1)
4. Why should one man's mind and judgment not control the church? (3SM 16.1, 3SM 17.1)
5. Our weapons of warfare should be turned against the _____, not against _____. (3SM 18.1)
6. When a person begins to pronounce judgment against the church, what may we know? (3SM 18.1)
7. As church members how are we to work for erring members? (3SM 19.1)

Chapter 2 - Unity in the Church

[7]

8. Thought question. What are the “soldierly qualities” we should manifest? (3SM 20.1)

9. Thought question. “The multitude of them that believed were of one heart and of one soul.” Acts 4:32. What does this mean? (3SM 20.1)

10. Read John 17 as suggested. Be prepared to discuss. (3SM 21.1)

11. When only are the decisions of the church on earth ratified in heaven? Matthew 18:18. (3SM 22.1)

[8]

Chapter 3 - Independent Action

12. What will surely happen to those who despise counsel and reproof? (3SM 23.1)

13. How only is an army successful? (3SM 24.1)

14. What are the values of counsel with others? (3SM 24.1)

15. Only what efforts will be accepted by God? (3SM 25.1)

16. What was the result of James White's counseling with others? (3SM 25.1)

17. Why is thorough church organization essential? (3SM 26.1)

18. What are some dangers of every man acting independently? (3SM 26.1)

Chapter 4 - The Primacy of the Word

[9]

19. Why has God given visions in the last days? (3SM 29.1)

20. Why did Ellen White urge that we should not make her prominent in our public labor? (3SM 29.1, 30.1)

21. “_____ is the author of the Scriptures and of the Spirit of Prophecy.” (3SM 30.1)

22. How does Ellen White use the terms ‘lesser light’ and “greater light”? (3SM 30.1)

23. How should the Testimonies be used in connection with the Word of God? (3SM 31.1)

24. After the 1844 disappointment, how was truth established? (3SM 31.1, 32.1)

25. Ellen White wrote to “correct _____ and to specify what is _____.”(3SM 32.1)

26. Under what circumstances did Ellen White ask the church not to quote her words? (3SM 33.1)

[10]

Chapter 5 - Experiences in Receiving the Visions

27. What three major subjects were presented to Ellen Harmon White in her first vision? (3SM 34.1)

28. The lights she saw in the vision represented _____. (3SM 34.1)

29. Describe the physical effects of the vision on Ellen White. (3SM 35.1)

30. Thought question. Why do you believe she could not have a vision when she pleased? (3SM 36.1)

31. Did Ellen White welcome visions? Explain your answer. (3SM 36.1, 37.1)

32. What happened when she doubted her visions? (3SM 37.1)

33. What was the purpose of the physical phenomena that accompanied visions? (3SM 39.1)

Chapter 6 - Glimpses of How the Light Came to Ellen White

[11]

34. Review the several ways visions came to Ellen White. (3SM 40.1-47)

35. What lesson do we learn from the person who had a vessel of beautiful fruit? (3SM 44.1, 45.1)

36. Was Ellen White given all her abilities to speak and write from the beginning? (3SM 46.1)

Lesson 2, Pages 48-86

[12]

Chapter 7 - Presenting the Divinely Revealed Message

1. Why did Ellen White delay giving some of her messages? (3SM 48.1)

2. She depended on the Spirit of the Lord, not only in having a vision, but in _____ or _____ the vision. (3SM 48.1)

3. Under what circumstances did she use marks of quotation? (3SM 49.1)

4. Briefly give her understanding of her writings: (3SM 50.1, 51.1)

A. The Testimonies

B. The Conflict of the Ages Books

C. The Articles

D. The Letters

E. The Interviews

5. Did the Spirit ever give Ellen White the exact words? (3SM 51.1, 52.1)

6. She said: "There is one straight chain of _____, without one _____ sentence in that which I have written." (3SM 52.1)

[13] 7. Did God give her a vision for every case or person? Explain. (3SM 53.1, 54.1)

8. How did she feel about giving reproofs? (3SM 54.1)

9. Was everything always clear to Ellen White when she had a vision? (3SM 54.1, 55.1) Is there a Bible precedent?

10. How did both Ellen White and the Apostle Paul sometimes become informed about church problems? (3SM 55.1)

11. What did Paul and Ellen White do under these circumstances? (3SM 55.1, 56.1)

12. Why was the giving of counsel sometimes delayed? (3SM 56.1, 57.1) [14]

13. How did God bring Ellen White to a better understanding of what was at first not understood? (3SM 56.1)

14. In what area of writing did Ellen White not claim inspiration? (3SM 57.1-60)

15. When she had no special light from God, what did she do? (3SM 60.1)

16. What expressions did Ellen White leave out of books prepared for the reading of the general public? Why? (3SM 61.1)

[15]

Chapter 8 - The Question of Influence

17. What did Ellen White consider the most convincing evidence that her work was from the Lord? (3SM 62.1)

18. Why did she on one occasion not read letters sent to her? (3SM 63.1)

19. Review charges regarding influence over her writing and how she answered these charges. (3SM 62.1-67)

20. Why didn't Ellen White always make her corrections of others public? (3SM 66.1)

Chapter 9 - Defining Sister White's Judgment and the Word of the Lord [16]

21. How did some try to divide her counsels between messages from God and her own opinion? ([3SM 68.1](#))

22. When we try to divide the messages, who helps us to choose? ([3SM 70.1](#))

[17]

Chapter 10 - On Being an Inspired Messenger

23. What evidences did Ellen White offer that God was guiding her work? (3SM 72.1)

24. How did opposition affect her giving of messages? (3SM 73.1)

25. List at least two reasons Ellen White gives for not claiming the title “Prophetess.” (3SM 74.1)

26. When she was contradicted in regard to her messages, what did the Lord instruct her to do? (3SM 75.1)

27. Explain why Ellen White’s sermons did her good. (3SM 76.1)

28. For how long did Ellen White see that her writing would be of help to the church? (3SM 76.1)

29. How was Ellen White’s work to be of even more value after her death? (3SM 77.1)

Chapter 11 - The Reception of the Messages

[18]

30. When Ellen White's messages were accepted, what was the usual result? (3SM 79.1)

31. How did some who received messages try to divide them? (3SM 80.1, 81.1)

32. Why were the lessons of Christ often misunderstood? (3SM 82.1)

33. How do some study the Scriptures and Ellen White's writings wrongly? (3SM 82.1)

34. What will belief in Ellen White's ministry do for us today and in the future? (3SM 84.1)

35. Those Adventists who take their stand under Satan's banner will first give up faith in _____ - _____ . (3SM 84.1)

36. Review two examples of how accepting testimonies was a blessing. (3SM 84.1-86)

Lesson 3, Pages 87-124

[19]

Chapter 12 - Literary Assistants in Work of Ellen G. White

1. Who acted as Ellen White's first human helper and counselor? (3SM 89.1)
2. What two things were her helpers not permitted to do? (3SM 89.1)
3. How did Ellen White characterize herself as a writer? (3SM 90.1)
4. As she imparted light to others, what happened to her? What may we personally learn from this? (3SM 90.1)
5. Ellen White called Marian Davis her _____. (3SM 91.1)
6. Describe how Marian Davis worked. (3SM 91.1-93)

Chapter 13 - The Testimonies for the Church

[20]

7. The first Testimony was published in the year _____.
(3SM 94.1)
8. What reason did Ellen White give for publishing personal testimonies? (3SM 95.1)
9. How are we to relate to messages given to others? (3SM 95.1)
10. What did God show her about using her talents in writing and speaking? (3SM 96.1, 97.1)
11. What liberties did Ellen White take in selecting what would be put in print? Why? (3SM 98.1)

[21] **Chapter 14 - Initial Steps in Writing and Publishing
the Great Controversy Story**

12. The first writing of the Great Controversy story came after a vision given in the year _____. (3SM 99.1)

13. How did Satan try to stop her from writing out the contents of this vision? (3SM 99.1, 100.1)

Chapter 15 - A Running Account of Ellen G. White's Experience in Writing on the Life of Christ in 1876

[22]

14. Who was Mary Clough? (3SM 103.1)

15. What help did Ellen White ask from J. H. Waggoner on her writing on the life of Christ? (3SM 104.1)

16. How did she describe her writing on the life of Christ? (3SM 106.1)

[23]

Chapter 16 - Expanding the Great Controversy Presentation

17. What title did Ellen White give Satan? (3SM 110.1)

18. What purpose for writing did Ellen White put in her introduction to The Great Controversy? (3SM 111.1, 112.1)

19. What unusual pronouncement about the second coming of Christ did Ellen White hear in vision? (3SM 112.1)

20. Why did she not write about this pronouncement later? (3SM 112.1)

21. Which was she shown as most important—her speaking or writing? Why? (3SM 114.1)

Chapter 17 - The Experience of E. G. White in Preparing The Desire of Ages

[24]

22. What caused Ellen White special concern as she wrote on the life of Christ? ([3SM 115.1](#))

23. What other responsibilities sometimes interfered with her writing? ([3SM 117.1, 119.1](#))

24. What was Ellen White's 'whole theme' both in the pulpit and by pen? ([3SM 118.1](#))

25. How should we relate to critics and criticism? ([3SM 120.1](#))

[25]

Chapter 18 - Comments While at Work on the Conflict Series Books

26. How did Ellen White use histories of the Bible in her writing? ([3SM 122.1](#))

27. When changes in wording were suggested for the 1911 edition of *The Great Controversy*, what was Ellen White's first concern? ([3SM 123.1](#), [124.1](#))

Lesson 4, Pages 433-465

[26]

Note: This lesson can be studied in connection with the preceding lesson, or separately as time allows.

Appendix A

The Great Controversy—1911 Edition

1. Briefly list the most obvious changes in the 1911 edition of The Great Controversy. (3SM 433.1-437)
2. Why were new quotations from historians sometimes used? (3SM 435.1)
3. In some places forms of expression were changed. Why? (3SM 435.1, 436.1)
4. What could be said as the major reason for using certain histories? (3SM 436.1)
5. How did Ellen White's two years in Europe help her in preparing this edition of The Great Controversy? (3SM 438.1) [27]
6. Why were some things left out of earlier editions of The Great Controversy? (3SM 439.1)
7. How does W. C. White answer the question: "Has Sister White the authority and right to make changes in her published writings?" (3SM 441.1)
8. Review how Ellen White expanded several areas in the controversy story. (3SM 443.1)
9. What was Ellen White's greatest concern as she made the controversy story available to the world outside the Seventh-day Adventist Church? (3SM 443.1, 444.1)

Appendix B

10. Why did W. C. White suggest that Adventist ministers should not quote from Daniel and Revelation and The Great Controversy in preaching to those who are not Adventists? (3SM 446.1)

11. Why did Ellen White not want readers to treat her historical writing as authority in regard to details and dates? Discuss. (3SM 446.1)

12. Why did Ellen White sometimes copy the words of historical authorities? (3SM 447.1)

13. What was W. C. White's conviction about Ellen White's choice of histories to quote? (3SM 449.1, 450.1)

Appendix C

[29]

14. Why were some parts left out of *The Great Controversy*, Volume IV, when it by Ellen White? List them from pages [436](#), [437](#), [439](#), and [447](#).

Lesson 5, Pages 125-155

[30]

Chapter 19 - The Incarnation

1. Describe the physical appearance of Christ while He was living on earth. (3SM 127.1)

2. At what point was Christ required to begin the work of redemption? (3SM 128.1)

3. How did Christ meet and resist the enemy—Satan? (3SM 128.1)

4. Why did Christ feel so keenly the assaults of Satan? (3SM 129.1)

5. List some human problems Jesus had to contend with. (3SM 130.1)

6. The temptations of Christ were in proportion to what? (3SM 131.1)

7. How is temptation to be resisted? (3SM 132.1)

8. “He [Christ] never bore _____ in his own flesh, but He carried the _____ of others.” (3SM 133.1)

[31] 9. What was accomplished when Christ took our humanity? (3SM 134.1)

10. Christ came into our world not only to atone for sin, but to be a _____. (3SM 135.1)

11. Compare Christ’s temptation with ours. (3SM 136.1)

12. List several things the Holy Spirit does to help us to be victorious. (3SM 137.1, 138.1)

13. “The world’s Redeemer came not only to be a _____ for sin, but to be an _____ to man in all things.” (3SM 138.1)

14. “The Lord Jesus came to our world, not to reveal what a _____ could do, but what a _____ could do, through faith in God’s power to help in every emergency.” (3SM 140.1)

15. In the sanctuary service Christ is the _____ and the _____. (3SM 141.1)

[32] **Chapter 20 - Principles as Set Forth by Ellen White
in Her Early Ministry**

16. Preview the three chapters in this section from the introduction.

17. What is Ellen White talking about when she says, “Some try too hard to believe”? (3SM 145.1)

18. When Brother P made religious experience too much of a form, what was the result? (3SM 146.1)

19. Sanctification is not _____ . (3SM 146.1)

20. What did Enoch and Elijah have in common? (3SM 146.1, 147.1)

21. Discuss this statement: ‘All your good works cannot save you; but it is nevertheless impossible for you to be saved without good works.’ (3SM 147.1)

[33] 22. Why is it wrong to say that we have nothing to do but believe? (3SM 147.1)

23. “It is a sin to _____.” (3SM 149.1)

24. Why is it wrong to feel we must be on probation and prove we are reformed before we can be blessed? (3SM 150.1)

25. What is true religion? (3SM 150.1)

26. How is obedience to God’s commandments important to our present life? (3SM 151.1)

[34] 27. Why do some never find peace and rest as Christians? (3SM

151.1, 152.1)

28. How did Ellen White explain the purpose of the law to a non-Seventh-day Adventist minister? (3SM 152.1, 153.1)

29. What is wrong with the cry, “Only believe”? (3SM 153.1)

30. When the Spirit of God is withdrawn from the world, who will be the first to be left? (3SM 154.1)

31. What is “goody-goody religion”? (3SM 155.1)

32. What will be the attitude among the saved when it is seen that some have brighter crowns? (3SM 155.1)

Lesson 6, Pages 156-204

[35]

Chapter 21 - Ellen G. White Reports on the Minneapolis Conference

1. In the ministerial institute before the 1888 General Conference, two subjects were especially controversial. What were they?

A. (3SM 157.1)

B. (3SM 158.1)

2. There was a growing resistance and non-acceptance of ____-_____. (3SM 158.1)

3. Why did some resist the presentations on righteousness by faith? (3SM 159.1)

4. After the 1888 General Conference, how was righteousness by faith accepted among church members? (3SM 160.1, 161) What happened at the heart of the work? (3SM 161.1)

5. Was there ever an official rejection by church leaders? (3SM 162.1)

6. What symbol does Ellen White give for the Bible? (3SM 163.1)

[36] 7. The flowers in the garden represent _____. (3SM 163.1)

8. What did Ellen White see as Satan's strategy at this time? (3SM 167.1)

9. At the 1888 meeting, the presentations connected the righteousness of Christ with the _____. (3SM 168.1)

10. What happens when the righteousness of Christ is placed in the law? (3SM 170.1, 171.1)

11. To what did Ellen White attribute spiritless discourses or sermons? (3SM 171.1)

12. What is the third angel's message? (3SM 172.1)

13. What is the faith of Jesus? (3SM 172.1)

[37]

14. What subject did Ellen White say had been exaggerated in importance at the 1888 meeting? (3SM 174.1, 175.1)

15. How does “holding up Christ” relate to the law? (3SM 176.1)

16. What is Ellen White’s answer to the excuse: “I cannot live up to this or that”? (3SM 179.1, 180.1)

17. What happens when we do our best? (3SM 180.1)

18. What is Ellen White’s answer to those who feel they have a great work to do before they can come to Christ? (3SM 181.1)

19. What are the two parts of the third angel’s message to be given to the world? (3SM 184.1)

[38]

A.

B.

20. What are the “inspiring themes of the gospel”? (3SM 186.1)

21. What should ministers study to avoid apostasies? (3SM 187.1)

22. How is Christ’s preaching described? (3SM 188.1)

23. What is the effect of a legal religion on the ministry? (3SM 189.1)

[39]

Chapter 22 - Emphasis on Salvation

Theme—1890-1908

24. Why are penances, fasts, and festivals unaccompanied by true devotion of no value? (3SM 190.1)

25. Why would heaven be no joy to those with old tastes and ideas? (3SM 191.1)

26. “Those who would be saints in heaven must first be _____ upon the _____.” (3SM 191.1)

27. Why is it necessary to be more than intellectually convinced of the truth? (3SM 191.1, 192.1)

[40]

28. “_____ is the work of a lifetime.” (3SM 193.1)

29. When is a sinner justified? (3SM 193.1)

30. At what time did the mediatorial work of Christ begin? (3SM 194.1)

31. Describe how the sinner and Jesus cooperate in salvation. (3SM 195.1, 196.1)

32. Knowing our utter reliance on Christ for salvation, what are we to do? (3SM 198.1)

[41]

33. What will truth produce in the life of the believer? (3SM 199.1)

34. What does Ellen White mean when she says, “Good works shall be rewarded”? (3SM 200.1)

35. Christ has given a definition of true sanctification in _____. (3SM 202.1)

36. How will those who are truly sanctified relate to opening truth? ([3SM 203.1](#))

37. What is sanctification not? What is true sanctification? ([3SM 203.1, 204.1](#))

Lesson 7, Pages 205-234

[42]

Chapter 23 - Appeal for a Church School

1. Every Christian family is a _____. The father is the _____. (3SM 209.1)
2. Who is the first teacher of the children? (3SM 210.1)
3. How should parents work along with the school in the education of their children? (3SM 211.1)
4. What should be a first consideration as parenthood is assumed? (3SM 214.1)
5. Under what circumstances might children be kept out of school until age 8, 9, or 10? (3SM 215.1)
6. When Ellen White first gave counsel to parents to keep their children out of school till age 10, what were the circumstances? (3SM 216.1, 217.1)
7. Did Ellen White favor kindergarten for age 5? Explain. (3SM 218.1, 219.1)
8. Did Ellen White forbid sending children to school before age 10? Explain. (3SM 222.1, 223.1)

Chapter 25 - General Guiding Principles

[43]

9. Thought question. Why has the Lord not designed any one, special, exact plan in education? (3SM 227.1, 228.1)

10. How is true education defined? (3SM 228.1)

11. What practice in the schools in Switzerland did Ellen White recommend? (3SM 228.1)

12. Why should teachers join with their students in their amusements? (3SM 228.1)

[44] **Chapter 26 - Attending Colleges and Universities of
the Land**

13. For what purpose should we associate with the unconverted?
(3SM 231.1)

14. What are the dangers of studying infidel authors? (3SM
232.1)

15. What are the dangers of listening to teachers who are called
great men by the world? (3SM 232.1)

16. How did the Waldenses set an example for students? (3SM
233.1)

17. On what basis did Ellen White encourage students to attend
non-Adventist colleges? (3SM 233.1, 234.1)

18. What cautions are given to such students? (3SM 234.1)

Lesson 8, Pages 235-270

[45]

Chapter 27 - The Grace of Courtesy

1. “It is _____ to be in union with Christ and yet be _____ - ____.” (3SM 237.1)
2. In what four ways is Christ pictured as our example? (3SM 237.1)
3. When Jesus recognized the dignity of human beings around Him, how did they respond? (3SM 238.1)
4. What is the most powerful argument in favor of the gospel? (3SM 238.1)
5. What actions contribute to life’s happiness? (3SM 240.1)

Chapter 28 - Dress and Adornment

[46]

6. From this chapter compile two lists. (3SM 1) Positive qualities of dress suggested. (3SM 2) Negative qualities of dress. Be prepared to discuss and compare these two lists.

7. “We judge of a person’s _____ by the style of _____-worn.” (3SM 242.1)

8. Discuss dressing to make ourselves a “gazingstock.” (3SM 242.1, 243.1)

9. Ellen White says that outward adorning reveals an absence of inward adorning. (3SM 244.1) Discuss.

10. What do you believe is meant by “fantastic dress”? (3SM 244.1)

11. Give some reasons for being careful in not following every fashion introduced. (3SM 244.1)

12. What counsel is given for the dress of ministers regarding color? (3SM 249.1, 250.1) [47]

13. How is the ministers’ clothing related to their representation of God before the people? (3SM 250.1, 251.1)

14. Did Ellen White give a precise style for all to wear? (3SM 254.1) Explain and discuss.

15. Will our inward attitudes alter us outwardly? (3SM 254.1, 255.1) Discuss.

[48]

Chapter 29 - The Sabbath: Guiding Principles in Sabbath Observance

16. What did Sabbath observance of Israelites witness to in Old Testament times? (3SM 256.1)

17. How does our Sabbath observance as Christians witness today? (3SM 256.1)

18. List some activities not proper for the Sabbath. (3SM 258.1)

19. What principle is suggested regarding washing dishes on the Sabbath? (3SM 258.1)

20. List some activities that are proper for the Sabbath. (3SM 259.1)

21. What were some Sabbath activities of the White family? (3SM 261.1-265)

22. What principle is suggested regarding Sabbath travel? (3SM 265.1)

Chapter 30 - Varying Postures in Prayer

[49]

23. List, review, and discuss the various postures that Ellen White observed regarding prayer. ([3SM 266.1-270](#))

24. What ideal regarding posture in prayer is offered? ([3SM 270.1](#))

Lesson 9, Pages 271-296

[50]

Chapter 31 - Visions That Early Called for Reforms

1. Ellen White's first vision condemning tobacco came in the year _____. (3SM 273.1)
2. What health counsels were given in an 1854 vision? (3SM 273.1-275)
3. What was "grease"? (3SM 274.1)

Chapter 32 - The 1863 Health Reform Vision

[51]

4. Why did Ellen White publish extracts from other health reformers along with her own counsels in *How to Live*? (3SM 277.1)

5. Briefly describe the three companies of women and their dress as seen in vision by Ellen White. (3SM 278.1)

6. When only did Ellen White use marks of quotation in her early writing? (3SM 278.1)

7. How did she determine length of dress when first advocating the reform dress? (3SM 279.1)

8. “The more perfect our _____, the more perfect will be our _____.” (3SM 279.1)

9. What prayers are not safe nor pleasing to God? (3SM 280.1)

10. Which “intemperate” practices are we to speak against? [52]
(3SM 280.1)

11. “God’s great medicine” is _____. (3SM 280.1)

12. What was Ellen White’s first reaction to her health vision? (3SM 281.1)

13. Where did she first write out the content of this vision? (3SM 281.1)

[53]

Chapter 33 - Proper Use of the Testimonies on Health Reform

14. What is “the highest privilege that man can enjoy”? (3SM 283.1)

15. How will indulgence in intemperate appetite affect us? (3SM 284.1)

16. List from this chapter several suggestions as to: (3SM 283.1-288)

A. How to use the Testimonies on Health Reform.

Example: Present from a Bible standpoint.

B. How not to use the Testimonies on Health Reform.

Example: Passing judgment on all who do not see as we do.

17. Discuss the discarding of some things and not making a test of others. (3SM 287.1)

Chapter 34 - Spiritual and Physical Hazards of Indulged Appetite

[54]

18. Why was man permitted to eat flesh food after the Flood? (3SM 289.1)

19. How will a meat diet affect nervous children? (3SM 290.1)

20. What connection do physical habits and practices have with spirituality? (3SM 290.1)

21. Ellen White calls “willing ignorance of the laws of health” _____ . (3SM 290.1)

22. What is “the greatest hindrance to mental improvement and soul sanctification”? (3SM 291.1)

23. What is the common cause of selfishness, violence, and crime in Noah’s day and ours? (3SM 292.1)

24. Why is it especially important for us to be as free from disease as possible? (3SM 292.1)

[55] **Chapter 35 - Teaching Health Reform in the Family**

25. What suggestion of consistency does Ellen White suggest for parents? (3SM 293.1, 294.1)

26. Why should children have three meals a day rather than two? (3SM 294.1)

27. Explain why one rule in diet cannot be made for all. (3SM 294.1)

Chapter 36 - Sister White and Prayer for the Sick [56]

28. How did Ellen White explain her role of praying for the sick?
([3SM 295.1](#), [296.1](#))

29. Who only can heal the sick? ([3SM 296.1](#))

Lesson 10, Pages 297-335

[57]

Chapter 37 - Seventh-day Adventists and Lawsuits

1. Give three reasons suggested why we should not go to lawyers not of our faith with church difficulties. (3SM 299.1-301)

2. When Ellen White was threatened by a lawsuit because of testimonies she had given, what was her response? (3SM 301.1)

3. What example did Jesus give when wrongly accused? (3SM 302.1)

4. How does Ellen White characterize church members who appeal to courts of the world to settle their differences? (3SM 302.1, 303.1)

5. Read and discuss the reference in 1 Corinthians 6:1-9. (3SM 303.1, 304.1)

6. What were the dangers of instituting a lawsuit against a publishing house? (3SM 304.1, 305.1)

Chapter 38 - Science and Revelation

[58]

7. When discoveries in science and art are only studied from a human standpoint, or explained by natural laws, what are the dangers? (3SM 307.1)

8. “The Bible is not to be _____ by _____ idea of science, but is to be brought to the test of this unerring standard.” (3SM 307.1)

9. When we only think of God’s benevolent character, what is the danger? (3SM 308.1)

10. How may we see God’s presence in everything? (3SM 309.1, 310.1)

11. In what way only may we fully appreciate science? (3SM 311.1)

12. When God created the world, He was not beholden to _____ substance or matter. (3SM 312.1)

Chapter 39 - Questions About the Saved

13. What Old Testament experience illustrates that the faith of believing parents is effective in saving their children? (3SM 314.1)

14. What New Testament experience also demonstrates that parents stand in the place of God to their children? (3SM 314.1)

15. What did Ellen White say about the idea that God has an exact number of the elect of God? (3SM 315.1)

16. Will the resurrected recognize one another? (3SM 316.1)

Chapter 40 - The Question of the Date Line

[60]

17. How are we to observe the Sabbath on a round world? (3SM 317.1-319)

[61]

Chapter 41 - Memorials, Are They Proper?

18. Review some Old Testament memorials that were set up.
(3SM 320.1, 321.1)

19. What purposes are to be accomplished through memorials?
(3SM 321.1)

20. In what other way was Moses instructed to remember the past? (3SM 321.1)

Chapter 42 - Renting Our Churches to Other Denominations

[62]

21. What rules might be considered for renting our church to another denomination? ([3SM 322.1](#), [323.1](#))

[63]

Chapter 43 - Feelings of Despondency

22. Are gloomy feelings evidence that God's promises are not in effect? ([3SM 324.1](#)) Discuss.

23. What suggestions did Ellen White offer to a despondent sister? ([3SM 324.1-326](#))

Chapter 44 - Specific Light on Gardening

[64]

24. Review Ellen White's method of fruit tree planting. (3SM 328.1)

25. What is the counsel regarding insects? (3SM 329.1)

[65] **Chapter 45 - Balanced Counsel on Picture-making
and Idolatry**

26. How is an idol defined? ([3SM 330.1](#))

27. Review the questions Ellen White asks about those who have burned their pictures. What do you think she means? ([3SM 331.1](#))

Chapter 46 - Music and the Music Director

[66]

28. What is the power of singing to God's glory? (3SM 332.1)
29. "_____ is just as much the worship of God in a _____-meeting as _____." (3SM 333.1)
30. What was wrong with Brother U's singing? (3SM 333.1-335)

Lesson 11, Pages 336-378

[67]

Chapter 47 - Work in the Spirit of Prayer

1. What dangers did Ellen White see in spending several days praying for the Holy Spirit? (3SM 336.1)

2. She said the _____ carried on at the meeting was as much a part of the service of God as _____. (3SM 336.1)

3. What was Ellen White's counsel regarding resolutions? (3SM 337.1)

Chapter 48 - The Bible Prophets Wrote for Our Time

[68]

4. “Each of the ancient _____ spoke _____ for their own time than for ours.” (3SM 338.1)

5. What do each of the following teach us?

A. Enoch

B. Abel

C. Moses

D. David

E. The prophets

6. “God has _____ the world in these last days proportionately with the increase of _____.” (3SM 339.1)

[69] **Chapter 49 - Can All Have the Gift of Prophecy?**

7. How did Ellen White respond to the claim that all may have the gift of prophecy? ([3SM 340.1, 341](#))

Chapter 50 - Disparaging the Pioneers

[70]

8. Why is it not right to present the faults of those who lived in the past? (3SM 342.1, 343)

9. What becomes necessary when the faults of the pioneers are recalled? (3SM 343.1)

10. Who only has the right to tell the errors of the past? Why is this? (3SM 344.1)

11. Where are we to direct the weapons of warfare? (3SM 344.1)

12. What is criticism of the brethren really? (3SM 345.1)

13. Review other reasons why we should not talk of the mistakes or errors of our brethren. (3SM 345.1-347)

[71] **Chapter 51 - Attacks on Ellen White and Her Work**

14. Why should attacks on Ellen White be answered? (3SM 348.1, 349)

15. For what reasons is Ellen White made the special object of attack? (3SM 350.1, 351)

16. What methods of attack might we expect? (3SM 351.1, 352)

17. Thought question. What is the best answer to such attacks?

Chapter 52 - Sinlessness and Salvation

[72]

18. Why do many claim to be holy and sinless? (3SM 354.1)

19. When only will it be safe to claim we are saved and sinless?
(3SM 356.1)

20. What is the result of making self the center of our attention?
(3SM 357.1)

[73]

Chapter 53 - Study the Testimonies

21. Ellen White calls the content of the books she has written “_____ that God has given.” (3SM 358.1)

22. Ellen White’s emphasis in this chapter is that we should _____ the Testimonies. (3SM 358.1-360)

Chapter 54 - The Mackin Case

[74]

23. Give three characteristics of the Mackin experience that might raise suspicion of fanaticism. (3SM 363.1-368)

24. Review some of the early experiences of fanaticism among Adventists. (3SM 370.1, 371)

25. According to Ellen White, how does the Holy Spirit work? (3SM 371.1)

26. What was wrong with Mr. Mackin's suggestion that his wife have a vision in Ellen White's presence so she could test it? (3SM 372.1)

27. What three characteristics does Ellen White say should be revealed in our spiritual exercises? (3SM 373.1)

28. List some characteristics of a false spiritual exercise. (3SM 373.1) [75]

29. What was wrong with the casting out of devils by the Mackins? (3SM 376.1)

30. Ellen White told the Mackins that if they had a special message, they would work in _____, not as if they were on the stage of a _____. (3SM 377.1)

Lesson 12, Pages 379-431

[76]

Chapter 55 - Lessons From Meeting the Sunday Law Crisis

1. What is the lesson of [Deuteronomy 33:25](#)? ([3SM 383.1](#))

2. “Our present _____ must not be disturbed by anticipated _____.” ([3SM 383.1](#))

3. Why should we not give unnecessary provocation to those who oppose us? ([3SM 384.1](#))

4. The contest over the Sabbath is really between two types of Christianity. What are they? ([3SM 385.1](#), [386](#))

5. Are there true and even better Christians among those of other faiths than are sometimes found among Adventists? Explain. ([3SM 386.1](#), [387](#))

6. Is the persecution ahead more or less than in the past? Why do you think this is so? ([3SM 387.1](#))

[77] 7. How will the latter rain affect the Sabbath? ([3SM 388.1](#))

8. How can the beginnings of God’s wrath already be seen? ([3SM 391.1](#))

9. Why will the Sabbath be the great point at issue in the last days? ([3SM 392.1](#), [393](#))

10. Why did Ellen White urge that resolutions regarding Sunday should not be passed by Adventists? ([3SM 394.1](#))

11. What are we to do to avoid unnecessary confrontation with others over Sunday or Sabbath worship? ([3SM 395.1](#))

12. “The mark of the beast is to be presented in some shape to every _____ and every _____.” (3SM 396.1)

13. Why should we not prepare for emergencies of the future? [78]
(3SM 398.1)

14. How should we relate to neighbors regarding work on Sunday? (3SM 399.1)

15. Why will there be no deaths of God’s people after the close of probation? (3SM 399.1)

16. How many of us can expect to be tested and tried? (3SM 401.1)

[79]

Chapter 56 - As We Near the End

17. When some appear before rulers, what surprise will come? (3SM 404.1)

18. Christ cleansed the temple twice. What two distinct calls are to be made to the churches? (3SM 405.1, 406)

19. “As we near the close of this earth’s history, we more _____ and more _____ in Christian growth, or we _____ just as decidedly.” (3SM 407.1)

20. When will backsliding Adventists unite with unbelievers? (3SM 407.1, 408)

21. What is the science of the devil? (3SM 408.1)

[80]

22. What is one of the greatest evidences that the loud cry is soon to be heard? (3SM 410.1)

23. What form do evil angels sometimes take? What will they do? (3SM 410.1, 411)

24. What is the warning of Ephesians 6? (3SM 411.1)

Chapter 57 - The Last Great Struggle

[81]

25. Days of _____ and _____ should be set aside as we near the end of time. (3SM 414.1)

26. What two powers will unite against God's saints? (3SM 416.1, 417)

27. When society breaks down, what unnatural enmity will result? (3SM 418.1)

28. How only can we escape the judgments coming upon the earth? (3SM 419.1)

29. How will many children be spared the time of trouble? (3SM 419.1)

30. Consider the several questions everyone should ask. (3SM 419.1)

31. At what time are human beings most dearly loved by their Saviour? (3SM 420.1) [82]

32. What will happen to those who have not appreciated or improved on great light? (3SM 421.1, 422)

33. The _____ is the great test question. (3SM 423.1)

34. "All who follow the _____ in heaven will first have followed Him on _____." (3SM 424.1)

35. In preparing a people to stand in the last days, the _____ - _____ is to combine with _____. (3SM 425.1)

36. What evidence is offered that the Battle of Armageddon is to be spiritual? (3SM 426.1)

- [83] 37. In the time of trouble, how will the wicked treat the righteous? ([3SM 427.1](#), [428](#))
38. What is “the joy of thy lord”? ([3SM 431.1](#))
39. How will the redeemed relate to the troubles they have experienced? ([3SM 431.1](#))